

# SCHOOL-BASED OUTPATIENT SERVICES

We help students *discover their greatness* by providing traditional outpatient therapy within school walls.

## WHAT ARE SCHOOL-BASED OUTPATIENT SERVICES?

School-based outpatient services (SBO) aim to help elementary and secondary-level students with emotional and/or behavioral needs.

Students can be referred for services by either school personnel or parents.

Referrals can be made at  
[pacounseling.com/sbo](https://pacounseling.com/sbo)

“Having a school-based therapist gives our students a place to process their problems and learn productive coping strategies.”

—AN ELEMENTARY SCHOOL  
PRINCIPAL



## WHO CAN BENEFIT FROM SBO?

Students who struggle with:

- ✓ paying attention
- ✓ getting organized
- ✓ fear or anxiety
- ✓ family issues
- ✓ angry behavior
- ✓ school attendance
- ✓ being bullied or bullying
- ✓ social withdrawal
- ✓ grief or loss
- ✓ sadness or depression

## HOW CAN I GET INVOLVED?

Please contact your school to find out if SBO is offered in your district and how to apply. If SBO services are not offered, you can access general mental health services for all ages by calling patient registration at [1-855-272-1653](tel:1-855-272-1653). To refer someone to school-based services, visit [pacounseling.com/sbo](http://pacounseling.com/sbo) to fill out the student & parent/guardian contact form.

## HELP YOUR CHILD SUCCEED

Parent involvement is important. Students under 14 years old must have a parent's permission before services can begin. Parents are invited to be part of the therapy process and are needed for treatment.

We partner with schools in **Dauphin, Lancaster, Lebanon, and York Counties.**

### Dauphin County

17th Street  
548 S. 17th St.  
Harrisburg, PA 17104  
[\(717\) 695-7919](tel:7176957919)

### Lebanon County

Renaissance  
618 Cumberland Street  
Lebanon, PA 17042  
[\(717\) 274-2741](tel:7172742741)

### York County

York Psychiatric  
301 W. Philadelphia Street  
York, PA 17401  
[\(717\) 848-6116](tel:7178486116)

### Lancaster County

Columbia 610 Poplar Street Columbia, PA 17512 <a href="tel:7174495888">(717) 449-5888</a>	Lancaster City 40 Pearl St. Lancaster, PA 17603 <a href="tel:7173978081">(717) 397-8081</a>
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Pennsylvania Counseling Services also offers outpatient and child & adolescent services in: ADAMS, BERKS, CUMBERLAND, DAUPHIN, FRANKLIN, FULTON, LANCASTER, LEBANON, PERRY, SCHUYLKILL & YORK

