

OUR LOCATIONS

Serving both Cumberland and Perry counties, our West Shore location provides outpatient services while our Carlisle location offers both outpatient and children's services.

We serve eleven counties in South Central Pennsylvania including:

ADAMS

BERKS

CUMBERLAND

DAUPHIN

FRANKLIN

FULTON

LANCASTER

LEBANON

PERRY

SCHUYLKILL

YORK

CUMBERLAND & PERRY COUNTIES

PENNSYLVANIA
Counseling
SERVICES

Our core belief is "people are valuable."

Our services are designed to contribute to your personal growth, support you through your struggles, help you develop healthy relationships and, ultimately, *help you reach your full potential.*



*Drug & Alcohol
Treatment*



*Mental Health
Counseling*



*Child & Family
Therapy*

pacounseling.com



We're here to help

(855) 272-1653



WEST SHORE

- ✓ mental health counseling
- ✓ cognitive behavioral therapy
- ✓ couples, marriage & family therapy
- ✓ depression, anxiety & stress management therapy
- ✓ grief, loss & trauma counseling
- ✓ individual & group therapy
- ✓ psychiatric services

CARLISLE

- ✓ mental health counseling
- ✓ drug & alcohol treatment
- ✓ co-occurring treatment
- ✓ cognitive behavioral therapy
- ✓ couples, marriage & family therapy
- ✓ depression, anxiety & stress management therapy
- ✓ grief, loss & trauma counseling
- ✓ individual & group therapy
- ✓ psychiatric services

CHILDREN'S SERVICES

- ✓ intensive behavior health services
 - ◆ individual services
 - ◆ applied behavior analysis
- ✓ family-based therapy

TO REGISTER

(855) 272-1653

For Children's Services, call the number listed under our Children's Services location.

West Shore

445 Gettysburg Pike
Mechanicsburg, PA 17055
(717) 397-8081

Children's Services

1 Greystone Road
Carlisle, PA 17013
(717) 249-3169

Carlisle

1 Greystone Road
Carlisle, PA 17013
(717) 245-9255

For more information or to request an appointment, visit pacounseling.com

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