

THE WARRIOR PROJECT

FOR YOUNG ADULTS

The Warrior Project helps young adults learn the skills of independent living so they can enjoy the *freedom that comes with adulthood.*

WHAT IS THE WARRIOR PROJECT?

Through the Warrior Project, young adults will:

- ✓ create their own goals for the future
- ✓ choose a support system of people they trust to help them achieve their goals
- ✓ attend weekly groups to build skills that help with:
 - getting a job or finding training
 - finding housing and living independently
 - using public transportation
 - paying bills and more
- ✓ join other program participants at social events featuring exciting guest speakers and fun activities that participants can help plan

REFER A YOUNG ADULT

If you know someone who would benefit from the Warrior Project, make a referral at

pacounseling.com/warrior-project-referrals



WHO QUALIFIES FOR THE WARRIOR PROJECT?

Young adults who:

- ✓ are 16-23 years old
- ✓ have a mental health diagnosis
- ✓ are eligible and enrolled with PerformCare
- ✓ would like to create goals to achieve independence in the following areas:
 - **Employment** – building interview skills, completing job applications
 - **Education** – researching technical schools or college options
 - **Independent Living** – budgeting, cooking, cleaning, maintaining appointments, getting a driver's permit
 - **Community Involvement** – volunteering, exploring community activities and resources

WARRIOR: We Are Remarkable, Responsible Individuals Of Resilience.

GET INVOLVED

Visit pacounseling.com/warrior-project-referrals to learn more about the requirements of the program and to refer a young adult who would benefit from the support of the Warrior Project.

To learn more or apply for the Warrior Project, contact the transition coordinator Katie Hunt to discuss options.

KATIE HUNT

THE WARRIOR PROJECT TRANSITION COORDINATOR

warriorproject@pacounseling.com // (717) 454-7543 (cell)

LOCATION

624 Cumberland Street

Lebanon, PA 17042

(717) 450-5666

We also offer a variety of outpatient and child and adolescent services in the following counties:

ADAMS, BERKS, CUMBERLAND, DAUPHIN, FRANKLIN,

FULTON, LANCASTER, LEBANON, PERRY, SCHUYLKILL & YORK

