

SCHOOL-BASED OUTPATIENT SERVICES

We help students *discover their greatness* by providing traditional outpatient therapy within school walls.

WHAT ARE SCHOOL-BASED OUTPATIENT SERVICES?

School-based outpatient services (SBO) aims to help elementary and secondary-level students with emotional and/or behavioral needs..

Students can be referred for services by either school personnel or parents.

Referrals can be made at
pacounseling.com/sbo.

“Having a school-based therapist gives our students a place to process their problems and learn productive coping strategies.”

—AN ELEMENTARY SCHOOL
PRINCIPAL



WHO CAN BENEFIT FROM SBO?

Students who struggle with:

- ✓ paying attention
- ✓ getting organized
- ✓ fear or anxiety
- ✓ family issues
- ✓ angry behavior
- ✓ school attendance
- ✓ being bullied or bullying
- ✓ social withdrawal
- ✓ grief or loss
- ✓ sadness or depression

HOW CAN I GET INVOLVED?

Please contact your school to find out if SBO is offered in your district and how to apply. If SBO services are not offered, you can access general mental health services for all ages by calling patient registration at 1-855-272-1653. To refer someone to school-based services, visit pacounseling.com/sbo to fill out the student & parent/guardian contact form or text PCSKIDS to 833-229-7872.

HELP YOUR CHILD SUCCEED

Parent involvement is important.

Students under 14 years old must have a parent's permission before services begin. Parents are invited to be part of the therapy sessions and are needed for treatment

We partner with schools in **Dauphin, Lancaster, and York Counties.**

Cumberland County

17th Street
548 S. 17th St.
Harrisburg, PA 17104
(717) 695-7919

Dauphin County

Harrisburg
548 S 17th St
Harrisburg, PA 17104
(717) 695-7919

York County

York Psychiatric
301 W. Philadelphia St.
York, PA 17401
(717) 854-6800

Lancaster County

Columbia 610 Poplar Street Columbia, PA 17512 (717) 449-5888	Lancaster City 40 Pearl St. Lancaster, PA 17603 (717) 397-8081
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Pennsylvania Counseling Services also offers outpatient and child & adolescent services in: ADAMS, BERKS, CUMBERLAND, DAUPHIN, FRANKLIN, FULTON, LANCASTER, LEBANON, PERRY, & YORK

