

# SCHOOL-BASED OUTPATIENT SERVICES

We help students  
**discover their greatness**  
by providing traditional  
outpatient therapy  
within the school walls.



## WHAT ARE SCHOOL-BASED OUTPATIENT SERVICES?

School-based outpatient services (SBO) aim to help students who are facing difficulties with feelings, behaviors or experiences.

Students can be referred for services by either school personnel or parents. Referrals can be made at [pacounseling.com/sbo-referral](https://pacounseling.com/sbo-referral).

“Having a school-based therapist gives our students a place to process their problems and learn productive coping strategies.”

—AN ELEMENTARY SCHOOL  
PRINCIPAL

## WHO CAN BENEFIT FROM SBO?

Students who struggle with:

- ✓ paying attention
- ✓ getting organized
- ✓ fear or worry
- ✓ family issues
- ✓ angry behavior
- ✓ school attendance
- ✓ being bullied or bullying
- ✓ social withdrawal
- ✓ grief or loss
- ✓ sadness or depression

## HELP YOUR CHILD SUCCEED

Parents are important. Students under 14 years old must have a parent's permission before services begin. Parents are invited to be part of the therapy sessions and are needed for treatment planning.

We partner with schools in **Berks, Dauphin, Lancaster, Lebanon and York Counties.**

Please contact your school to find out if SBO is offered in your district and how to apply. If SBO services are not offered, you can access general mental health services for all ages by calling patient registration at 1-855-272-1653. To refer someone to school-based services, visit [pacounseling.com/sbo](http://pacounseling.com/sbo) to fill out the student & parent/guardian contact form or text **PCSKIDS** to **833-229-7872**.

### BERKS COUNTY

Reading Psychiatric  
125 South 5<sup>th</sup> Street  
Reading, PA 19602  
(610) 685-2188

### LANCASTER COUNTY

Columbia      Lancaster City  
610 Poplar Street      40 Pearl Street  
Columbia, PA 17512      Lancaster, PA 17603  
(717) 449-5888      (717) 397-8081

### DAUPHIN COUNTY

17<sup>th</sup> Street  
548 South 17<sup>th</sup> Street  
Harrisburg, PA 17104  
(717) 695-7919

### LEBANON COUNTY

Renaissance  
618 Cumberland Street  
Lebanon, PA 17042  
(717) 274-2741

### YORK COUNTY

York  
128 North George Street  
York, Pa 17401  
(717) 840-0984

We also offer outpatient and child & adolescent services in the following counties:

ADAMS, BERKS, CUMBERLAND,  
DAUPHIN, FRANKLIN, FULTON,  
LANCASTER, LEBANON,  
PERRY, & YORK

visit [pacounseling.com](http://pacounseling.com) for more information