

# DISCOVER YOUR GREATNESS

Improve your friendships.

Prepare for your future.

Find joy every day.

All within the comfort  
of your school's walls.



## SCHOOL-BASED OUTPATIENT SERVICES

This program aims to help students like you manage difficulties with feelings, behaviors or experiences.

We hope to help you excel by offering easy access to counseling and therapy right here in your school.

## OUR SCHOOL-BASED OPTIONS INCLUDE:

- ✓ one-on-one therapy  
a safe place between you and a counselor
- ✓ family therapy  
a time for you and your family members to talk with the guidance and help of a counselor

## FIND OUT MORE

To learn more about school-based services and how you can get involved, **talk to a teacher, staff member or counselor at your school**

OR

**scan the QR code and submit the Student/Parent contact form.**

