

THE WARRIOR PROJECT (FOR YOUNG ADULTS)

The Warrior Project helps young adults learn the skills of independent living so they can enjoy the freedom that comes with adulthood.



ABOUT THE WARRIOR PROJECT

Through the Warrior Project, young adults will:

- ✓ create their own goals for the future
- ✓ choose a support system of people they trust to help them achieve their goals
- ✓ attend weekly groups to build skills that help with:
 - getting a job or finding training
 - finding housing and living independently
 - using public transportation
 - paying bills
 - and more
- ✓ join other program participants at social events featuring exciting guest speakers and fun activities that participants can help plan

FIND OUT MORE

Check out the reverse side of this flyer for more information and how to get involved.



Those who qualify for the Warrior Project include young adults who:

- ✓ are 16-23 years old
- ✓ have an active mental health case with the Lebanon County MH/ID/EI or Service Access Management (SAM)
- ✓ are eligible and enrolled with PerformCare
- ✓ would like to create goals to achieve independence in the following areas:
 - **Employment** – building interview skills, completing job applications
 - **Education** – researching technical schools or college options
 - **Independent Living** – budgeting, cooking, cleaning, maintaining appointments, getting driver's permit
 - **Community Involvement** – volunteering, exploring community activities and resources

WARRIOR: We Are Remarkable, Responsible Individuals Of Resilience.

GET INVOLVED

To learn more or apply for the Warrior Project, contact your mental health case manager with the Lebanon County MH/ID/EI or Service Access Management (SAM). If you don't have a case manager, contact the Warrior Project transition coordinator, Katie Hunt, to discuss options.

KATIE HUNT

THE WARRIOR PROJECT TRANSITION COORDINATOR

warriorproject@pacounseling.com // (717) 454-7543 (cell)

The **Warrior Project** is offered at our Pennsylvania Counseling Services Renaissance location:

RENAISSANCE

618 Cumberland Street

Lebanon, PA 17042

(717) 274-2741

We also offer a variety of outpatient and child and adolescent services in the following counties:

ADAMS, BERKS, CUMBERLAND, DAUPHIN, FRANKLIN,
FULTON, LANCASTER, LEBANON, PERRY, SCHUYLKILL
& YORK